

# RIGHTS CHART

Which of the following do you consider to be your "rights"? You may not actually say, "I have a right to..." but your actions might show which ones are important to you. Record how you responded the last time you were denied the right to .....

1. Right to have and control personal belongings \_\_\_\_\_
2. Right to privacy \_\_\_\_\_
3. Right to have and express personal opinions \_\_\_\_\_
4. Right to earn and use money \_\_\_\_\_
5. Right to plan your own schedule \_\_\_\_\_
6. Right to respect \_\_\_\_\_
7. Right to have and choose friends \_\_\_\_\_
8. Right to belong, be loved, be accepted \_\_\_\_\_
9. Right to be understood \_\_\_\_\_
10. Right to be supported \_\_\_\_\_
11. Right to make your own decisions \_\_\_\_\_
12. Right to determine your own future \_\_\_\_\_
13. Right to have good health \_\_\_\_\_
14. Right to date \_\_\_\_\_
15. Right to be married \_\_\_\_\_
16. Right to have children \_\_\_\_\_
17. Right to be considered worthwhile and important \_\_\_\_\_
18. Right to be protected and cared for \_\_\_\_\_
19. Right to be appreciated \_\_\_\_\_
20. Right to travel \_\_\_\_\_
21. Right to have the job you want \_\_\_\_\_
22. Right to a good education \_\_\_\_\_
23. Right to be a beautiful person \_\_\_\_\_
24. Right to be treated fairly \_\_\_\_\_
25. Right to be desired \_\_\_\_\_
26. Right to have fun \_\_\_\_\_
27. Right to raise children your way \_\_\_\_\_
28. Right to security and safety \_\_\_\_\_
29. Right to fulfilled hopes and aspirations \_\_\_\_\_
30. Right to be successful \_\_\_\_\_
31. Right to have others obey you \_\_\_\_\_
32. Right to have your own way \_\_\_\_\_
33. Right to be free of difficulties and problems \_\_\_\_\_
34. Right to have free time without interruption \_\_\_\_\_
35. Right to think in peace \_\_\_\_\_
36. Right to be loved by my husband \_\_\_\_\_
37. Right to be heard \_\_\_\_\_
38. Is there someone in your life you think is denying you these rights? \_\_\_\_\_
39. Others \_\_\_\_\_